## No To Self

## Knowing We Don't Know August 7, 2022

Today, we're talking about how letting go of what we know can stop sin and jumpstart faith. So answer this: Do you know that you don't know? Or do you think you basically know what you need to know – but build on it a bit – to show that you do know you've got some room to grow?

[Well, I hate to break it to you but:] If anyone thinks that he knows anything, he knows nothing yet as he ought to know. – 1 Corinthians 8:2 NKJ



So, no, you don't know nuttin'! And that's not just an insight – that's a threat! It's in that "ought to know" part; because that means there's a correction coming for the fault in the way we think we know things. And I loved last week's look at exactly how God can correct us by shaking our lives to open our eyes so we can see if it's truth we're trusting or a pile of lies. And nothing shakes us up like being confronted with something we don't want to hear. Whether it's challenging, confusing, unique or just new – we'll wrestle with it until it fits with what we want it to say... unless, of course, it's true.



Because, we can't overpower truth. All we can do is keep up the appearance of an undecided fight; in the same way that I can hold my breath and appear to not need oxygen. However, the stubborn struggle itself does reveal a truth: we don't like to trust anything outside of us! And just why is that so bad? After all, we're made in God's image and all of human history has been focused on growing what we know! So why are we told we need to throw it out and:



Trust in the *Lord* with all your heart, And lean *not* on *your own* understanding; In *all your* ways acknowledge *Him.* – Proverbs 3:5-6 NKJ

BLUE ORANGE YELLOW PURPLE GREEN BLACK YELLOW RED ORANGE GREEN BLUE PURPLE

Well, let's answer with an exercise: Remember how we missed the cigar in the wall because of our wrong way of thinking? That's because our brain relies on convention, and we don't expect to see a cigar in a brick wall as much as we might expect a rock. Well, it doesn't stop there. Take a look at this. It's an example of how context can confuse us; even straight lines can seem skewed in certain settings. Now read these words real quick. Easy peasy Chuck E. Cheesey. But let's try again at the same pace. A little more stumbly because processing two such sets of data (words and colors) maxes out our brain's systems and we mistakenly merge them in what's called conflation. And lastly, just look at this lady yawning. Merely looking at this picture and hearing me say the word "yawn" means around 33% of you will yawn in the next minute.



Well, that's because our brains are easily *contaminated* and *controlled* by subtle subconscious social *contagions*. And each of *your* yawns will infect *another* 33% and so on – until I've put everyone to sleep.



But here's my point: convention, context, conflation, and contamination are just four ways our thinking gets compromised and leads us to a sense of confusion. And that's just the tip of the iceberg, because our brains are bursting with biases. Take a look at the list of ways our own brain misrepresents information... to us!

Each of *these* biases were built by *your* brain when it had to handle and process some *challenging*, *confusing*, *unique* or *new* information! And each bias compromises the truth in that information.

And after generations of incredible studies and fascinating findings, nearly every book on the subject has repeatedly concluded, on one level or another, believing our own brain is dumb.

So when we run things through our personal fact-checker and then *trust* whatever passes – *as truth* – we should *know* we're lying to ourselves. And we should admit that we desperately want to know the truth – but acknowledge that it's our stupid flesh that makes it impossible! *Alas*, we should scream in humble frustration at our own humanity!



"Meaningless! Meaningless!" says the Teacher. "Utterly meaningless! *Everything* is meaningless." – Ecclesiastes 1:2 NIV



Yeah! Just like that! That's how the wisest human in the whole OT kicks off his book. And he just keeps the hits coming with an 'inspiring' theme of helpless human frustration and gems like this:

[God] has made everything beautiful in its time. He has also set eternity in the hearts of men; yet they cannot fathom what God has done from beginning to end. – Ecclesiastes 3:11 NIV

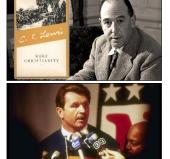
And what happens when you have an instinct for the infinite yet a brain that literally can't see straight? Confusion, frustration, and desperation! So why in the world would God create us with that constant uncomfortable internal conflict?! Well, nothing motivates us to get moving like discomfort! Ever have your house spring a leak? When I was in my 20s, I had one that was over my bed, so I just switched ends... until the smell got me. Discomfort even gets bachelor bartenders up! Because we just can't sit still while uncomfortable; so we seek a fix. And right there — we take the bait. God got us all looking for answers! Yet all He did was create a universe where we would see the need for truth. Because our spiritual house is already leaky, God just brings the rain. He set up a situation where we would teach ourselves what naturally needs fixing.

And that's how He can simultaneously be the source of grief and relief and never stop loving you for a moment. And throughout Scripture, He reminds us how this works to explain that He's not a monster, just a loving parent:

The Lord is known by His acts of justice; [whereas] the wicked are ensnared by the work of their hands. [Because:] — Psalms 9:16 NIV

The heart is deceitful above all things, and desperately sick; who can understand it? I the Lord search the heart and test the mind, to give every man according to his ways, according to the fruit of his deeds. [To teach us what needs fixing] – Jeremiah 17:9-10 ESV

But My people would not listen to Me ... So I gave them over to their stubborn hearts to follow their own devices. If My people would only listen to *Me*, if Israel would only follow *My ways*, how quickly I would subdue their enemies! – Psalms 81:11-14 NIV



You get the message? We punish ourselves when we lean on our own understanding – and God designed life in His creation to highlight our flaws to provoke us to find a fix outside ourselves. I love C.S. Lewis's take on our unachievable instincts - like finding truth down here:

Creatures are not born with desires unless satisfaction for desires exist. A baby feels hunger: there is food. A duckling wants to swim: there is water. ... Therefore, if I find in myself a desire which no experience in this world can satisfy, the most probable explanation is that I was made for another world. – C.S. Lewis; Mere Christianity

Solid logic. But if we accept that we're stuck hungering for knowledge that we can't comprehend, what can we do?! Well, we can know that we don't know like Paul said at the beginning. And that is a surprisingly significant step! Because first, it means we can root out all of our beliefs that were built by broken-brained humans. And that doesn't mean they're completely wrong, it just means they shouldn't be trusted as completely right.

Because every preacher, teacher, philosopher, and author has the ability to contaminate our way of thinking with new conventions or context that we can conflate with real truth. Like when iconic coach Mike Ditka got fired by the Chicago Bears but reassured the media that Scripture says "This too shall pass." Even though it doesn't. Nor is there a verse that says "God works in mysterious ways" or "God helps those who help themselves"! In fact, I'm preaching the opposite!

To cut down the confusion in our lives, we gotta cut out the human contamination, even though they provide other options that may be more attractive. Which is why sometimes we like reading books about God more than the book by God! But that's subtly scratching the deceptive desire of our itching ears! And once again we learn:

Where envy and self-seeking exist, confusion and every evil thing are there. – James 3:16 NKJ

If we want an untainted truth, we gotta go beyond our biased brains. Because the second thing we can do after knowing we don't know – is look for someone who does know – outside us! We gotta give God His shot at being our source of truth. For real. Not preachers, pastors, or publications, we gotta take Him at His word in His Word to see what would actually happen "If My people would only listen to <u>Me</u>" right where He says He speaks. And oddly, as if to confirm we're in the right place, the Bible echoes a key concept: believing our own brain is dumb.

Instead, we're told to put our faith in *God's* Word by just *receiving* it regardless of how much *we* even *understand* it. And then we're free to wrestle with it, as long as we know that we don't know – but trust He *does*.



It's like being given an alien spaceship. It's clearly superior to what you've got and although you don't know how it works, you can get in and prove that it does. And the more you fly around, the more you'll understand how it works. And the closer you look, the more you can reverse engineer why it works. Yet, even if you fully understand it and learn how to build one of your own — it wasn't a product of your knowledge, it was a product of your trust! You merely made a copy of something you recognized to be beyond your ability. Well that's essentially how our faith works! We've been given God's Truth in His Scripture and in His Son — now it's up to us whether we want to look closer to try and copy something outside our ability or look away to try and cope with the things inside our ability. Just remember:

Everything that does not come from faith is sin. – Romans 14:23 NIV

But it's hard to let go of what we've built because we don't like to trust anything outside of us! Cuz we wouldn't get to live out or even believe in what makes the most sense to our biased brains!

My brother is a professor at the Air Force Academy and I remember when he went through boot camp he told me, "You'd never make it through." And his reasoning was that I couldn't tolerate irrational things. Fair enough! I probably would've walked because I couldn't bring myself to believe that wiping a shower bone dry every day made any sense! But now, I see that's just one part of a bigger plan and what's important isn't how much sense it made to me, but the trust it revealed about me. And it's easy to make the same mistake in our faith. We want to understand first, and then maybe we'll trust. But who's being irrational now?! Cuz our understanding is NOT a trustworthy measure of truth, remember?!

If anyone thinks that *he* knows anything, he knows nothing yet as he ought to know. But [*Oh!* Did you know there's more?] if anyone *loves God*, this one is *known* by *Him*. – 1 Corinthians 8:2-3 NKJ

Because if we love Him, we'll trust Him and let go of what we know to make room for Him to come in. And once He's there, He can know us and then show us what we need. Because when we lean on Him and let Him lead, we start to see how free we can be. And that's the way we ought to know; by trusting only what He shows. And really listening when He says:

Be still and know that I am God. - Psalms 46:10 NIV

Cuz if we know that, there's no limit to what we can know and no frustration in what we don't know. And there's no desperate need to cure our confusion with our own understanding, because:

We know that for those who love God all things work together for good. - Romans 8:22-28 ESV

## Untrustworthy Us

